



VIDEO TUTORIAL

Important!

This replacement procedure can be used for:
VW GOLF III (1H1) 1.6, VW VENTO (1H2) 1.6

The steps may slightly vary depending on the car design.

REPLACEMENT: ANTI ROLL BAR LINKS – VW GOLF 3. LIST OF THE TOOLS YOU'LL NEED:



- Wire brush
- WD-40 spray
- Copper grease
- Drive socket # 13
- Drive socket # 19
- Wheel impact socket #17
- Ratchet wrench
- Torque wrench
- Crow bar
- Wheel chock

AUTODOC recommends:

- Replace the stabiliser links on VW Golf 3 in pairs.
- The replacement procedure is identical for both stabiliser links on the same axle.
- All work should be done with the engine stopped.

REPLACEMENT: ANTI ROLL BAR LINKS – VW GOLF 3. TAKE THE FOLLOWING STEPS:

1



Secure the wheels with chocks.

2



Loosen the wheel mounting bolts. Use wheel impact socket #17.

3



Raise the front of the car and secure on supports.

4



Unscrew the wheel bolts.

AUTODOC recommends:

- Warning! To avoid injury, hold the wheel while unscrewing the fastening bolts. VW Golf 3

5



Remove the wheel.

6



Clean the stabiliser link fasteners. Use a wire brush. Use WD-40 spray.

7



Unscrew the fastener connecting the stabilizer bar with the control arm. Use a drive socket #13. Use a ratchet wrench.

8



Remove the stabilizer rod. Use a crowbar.

Replacement: anti roll bar links – VW Golf 3. AUTODOC recommends:

- Examine stabiliser bushes. Replace them if needed.

9



Clean the stabiliser link fasteners. Use a wire brush. Use WD-40 spray.

10



Install a new rod, tighten the fasteners. Use a crowbar.

11



Tighten the fastener connecting the stabilizer bar with the control arm. Use a drive socket #19. Use a torque wrench. Tighten it to 35 Nm torque.

12



Clean the wheel rim mounting seat. Use a wire brush. Treat the contacting surface. Use copper grease.

13



Install the wheel.

AUTODOC recommends:

- Important! Hold the wheel while screwing in the fastening bolts. VW Golf 3

14

Screw in the wheel bolts. Use wheel impact socket #17.

15

Lower the car and working in a cross order, tighten the wheel bolts. Use wheel impact socket #17. Use a torque wrench. Tighten it to 110 Nm torque.

16

Remove the jacks and chocks.

**DID YOU FIND THESE INSTRUCTIONS
HELPFUL?**

YES

NO



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